

## **Faculty biosketch**

**Name:** Marian R; Stuart, Ph.D. Clinical Professor

**Undergraduate school and area(s) of concentration:** Kean University Psychology

**Graduate School and field of study:** Rutgers University--Social and Personality Psychology

**Board certification:** NJ Licensed Practicing Psychologist 1976

**Email:** [stuart@umdnj.edu](mailto:stuart@umdnj.edu)

### **Key publications:**

Stuart, M.R. and Lieberman, J.A. III, The Fifteen Minute Hour: Practical Therapeutic Interventions in Primary Care, 3<sup>rd</sup> Edition Philadelphia: Saunders, 2002.

Stuart M.R. Foreword to Alexander M, Lenahan P. & Pavlov A. (Eds.) Cinemeducation: A comprehensive guide to using film in medical education. Oxford UK: Radcliffe Publishing, 2005.

Roehmheld-Hamm, B. & Stuart, M.R. 17 Chapters on Psychiatry, Behavioral Science and Communication in Tallia, A.F., Cardone, D.A., Howarth, D.F & Ibsen, K.H. (Eds.) Swanson's Family Practice Review (5<sup>th</sup> Edition) Philadelphia: Elsevier, 2004

Heath, J.M. & Stuart, M.R. Prescribing Exercise for Frail Elders. Journal of the American Board of Family Practice, 2002, 15, 218-228.

Stuart, M.R. and Lieberman, J.A. The Fifteen Minute Hour: Applied Psychotherapy for the Primary Care Physician. First Japanese Edition. Tokyo, Japan: Igaku-Shoin, Ltd., 2001

Stuart, M.R. "The 15-Minute Hour: A Short-Term Approach to Psychotherapy in Primary Care" in Dunphy, L.M. and Winland-Brown, J.E. Primary Care: The Art and Science of Advanced Practice Nursing Philadelphia: F.A. Davis, 2001, pp . 1205-1211.

Stuart, M.R. and Krauser, P.S. "Using Goals and Objectives in Community Rotations" in Paulman, P.M., Sussman, J.L. and Abboud, C.A. Precepting Medical Students in the Office. Baltimore: JohnsHopkins University Press, 2000, pp. 62-65.

Stuart, M.R. "The BATHE Technique" in Rakel, R.E. (Ed), Saunders Manual of Medical Practice. Edition 2. Philadelphia: W.B. Saunders, 2000, pp. 1445-6.

Kligler, B., Gordon, A., Stuart, M. and Sierpina, V. Suggested Curriculum Guidelines on Complementary and Alternative Medicine: Recommendations of the Society of Teachers of Family Medicine Group on Alternative Medicine. Family Medicine, 2000, 32, 30-33.

Lieberman, J.A. & Stuart, M.R. The BATHE Method: Incorporating Counseling and Psychotherapy into the Everyday Management of Patients. The Primary Care Companion to the Journal of Clinical Psychiatry. 1999, 1, 35-38.

### **Honors, awards, community service:**

Lamda Alpha Sigma (Liberal Arts and Science Honor Society), Kean College

Outstanding Educator Award, 1988 Graduating Residents, UMDNJ-Robert Wood Johnson Medical School/St. Peter Medical Center Family Practice Residency Program.

Listed in Who's Who of American Women, 16th Edition.

Listed in Who's Who in the East, 24th Edition.

Recipient of the Foundation of UMDNJ's Excellence in Teaching Award for 1989-90

Recipient of the STFM Excellence in Education Award for 1997

Charter Member of Stuart D. Cook, M.D. Master Educators Guild, University of Medicine and Dentistry of New Jersey, September 2000. Vice President for Finance, 2002-July 2004

Honorary Membership in the American Academy of Family Physicians, October 2002

Member UMDNJ-Middle States Self Study Subcommittee on Faculty and Academic Environment 2003-4

**Comments:**

Marian R. Stuart, Ph.D. is the Director of Behavioral Science in the Department of Family Medicine. Principal author of *The Fifteen Minute Hour: Practical Therapeutic Interventions in Primary Care* and an internationally acclaimed speaker, she lectures widely on doctor/patient interactions, geriatrics, stress management and medical education. Licensed by the state since 1976, she maintains a clinical practice in Morristown, NJ. As Education Committee Chair and Secretary-Treasurer, Dr. Stuart served on the Board of Directors of the Society of Teachers of Family Medicine for six years. She is the recipient of the 1997 STFM Excellence in Education Award and an Honorary Member of the American Academy of Family Physicians..

Dr. Stuart's spare time activities include hiking, travel and Contra Dancing. She is a folk music enthusiast. A vegetarian, she also maintains an active fitness program, swimming five miles per week and attending aerobic classes at her local YMCA.